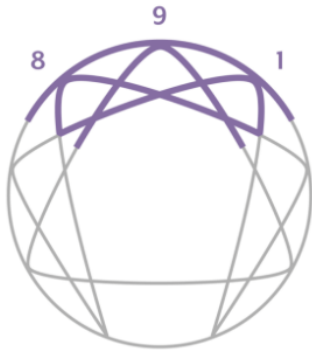


THE ENNEAGRAM'S THREE CENTERS of INTELLIGENCE



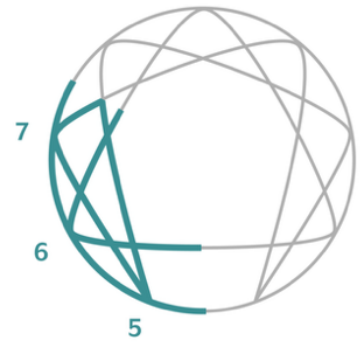
Body Center (8,9,1)

The Instinctual Center: Body-based types lead with the body for movement, sensate awareness and gut-level knowing. Their focus is on personal security, control, social belonging and taking right action.



Heart Center (2,3,4)

The Emotional Center: Feeling-based types lead with the heart, perceiving the world through emotional intelligence and creating a positive self-image. Their focus is on connection, love, approval and recognition.



Head Center (5,6,7)

The Intellectual Center: Thinking-based types lead with ideas, gathering information, figuring things out and rational decision-making before acting. Their focus is on creating certainty and safety, or finding multiple options.



| | Statements | Crucial Contemplative Practice |
|----------------------------------|---|--------------------------------|
| BODY CENTER (8, 9, 1) | Identity lie: I am what I DO Thinks that POWER and CONTROL will make them happy | STILLNESS |
| HEART CENTER (2, 3, 4) | Identity lie: I am what OTHER PEOPLE SAY about me. Thinks that AFFECTION and ESTEEM will make them happy. | SOLITUDE |
| HEAD CENTER (5, 6, 7) | Identity lie: I am what I HAVE Thinks that SECURITY and SURVIVAL will make them happy | SILENCE |