

LENTEN RESOURCES // THE ORCHARD COMMUNITY

For centuries, Christians have used Lent as an opportunity to shift our pace, slow down and do just that: take an honest and clear-headed look at our own lives. Lent (which actually comes from the word “spring”) lasts for 40 days just before Easter. It begins with Ash Wednesday and culminates in Holy Week (which walks us through the final days of Jesus on earth) and Easter Sunday. Below are some recommended Lenten resources (some paid, some free) for individuals and families.

FOR FAMILIES

5 WAYS TO FOSTER CREATIVITY IN KIDS DURING LENT - GODSPACE - [LINK](#)

RESOURCES FOR CELEBRATING LENT FOR KIDS - GODSPACE- [LINK](#)

Lent and Holy Week ideas for families and kids, fostering creativity in kids during Lent, Lent at Home Kits and more.

40-DAY “LOVE BUILDS UP” LENTEN FAMILY CHALLENGE (\$10, DOWNLOAD) - [LINK](#)

The perfect way for families of all shapes and sizes to strengthen spiritual muscles and emotional health during Lent.

GUIDE TO SELF-CARE FOR FAMILIES TOGETHER AT HOME (\$10, DOWNLOAD) - [LINK](#)

In this challenging time of pandemic, SALT has teamed up with Jonas Ellison (one of Medium’s most read and beloved spiritual writers) and Lisa Glanz (whimsical illustrator extraordinaire) to create a guide perfect for families of all shapes and sizes. Both conversational and practical, this lovely downloadable guide is chock full of ideas for how to survive and thrive in this time of sheltering together at home.

DEVOTIONALS & DAILY READINGS

LENTEN PRAYERS – GODSPACE, DIETRICH BONHOEFFER, MOTHER TERESA AND MORE - [LINK](#)

COMMON PRAYER: DAILY PRAYERS (FREE) - [LINK](#)

prayers for every evening, morning, and midday that celebrate the best of the Christian tradition and engage with the most pressing issues of our world today.

EASTERTIDE: PRAYERS FOR LENT THROUGH EASTER, PHYLLIS TICKLE (\$14-19) - [LINK](#)

Beginning with Ash Wednesday and moving through Lent and on to Easter Sunday, Eastertide provides the daily prayers that bring practitioners into the full spirit of this season.

WONDROUS ENCOUNTERS: SCRIPTURE FOR LENT, RICHARD ROHR (\$7-13) - [LINK](#)

Rohr's meditations on the daily readings of Lent are not for the sake of mere information, or even for academia (although the author hopes it will satisfy both), but for the sake of our transformation into our original "image and likeness," which is the very image of God. What always and finally matters for all of us is encounter!

BREAD AND WINE: READINGS FOR LENT AND EASTER; C.S. LEWIS, G.K. CHESTERTON & MORE (\$17-20) - [LINK](#)

This collection will satisfy the growing hunger for meaningful and accessible devotions. Culled from the wealth of twenty centuries, the selections in Bread and Wine are ecumenical in scope, and represent the best classic and contemporary Christian writers.

GOD FOR US: REDISCOVERING THE MEANING OF LENT AND EASTER, RICHARD ROHR, RONALD ROLHEISER, GREG PENNOYER, GREGORY WOLFE & MORE (\$10-19) - [LINK](#)

Leading North American spiritual writers reflect on what one theologian has called the "bright sadness" of Lent: that it is not about feeling of broken and lost, but about cleansing the palate so we can taste life to a greater extent.

EMILY DICKINSON AND THE POETRY OF LENT: A LENTEN DEVOTIONAL (\$10, DOWNLOAD) - [LINK](#)

Lent is a change of seasons — and Dickinson was an avid gardener. In this Lenten devotional, biblical texts and accessible practices weave together with Dickinson's poetic vision (all the poems in the devotional can be found online). Week by week, we'll walk through the garden together toward Easter morning.

WENDELL BERRY AND THE SABBATH POETRY OF LENT (\$10, DOWNLOAD) - [LINK](#)

In this Lenten devotional, biblical texts and simple, accessible practices walk hand-in-hand with Wendell Berry's poetic vision of sabbath and the natural world. All you'll need is your favorite Bible and Wendell Berry's *This Day: Collected and New Sabbath Poems*. Week by week, we'll walk through the woods together toward Easter morning, keeping sabbath as we go - with Wendell Berry as our guide.

MARY OLIVER AND THE POETRY OF LENT (\$10, DOWNLOAD) - [LINK](#)

Imagine a six-week journey with Oliver at your side, illuminating ancient passages of scripture; provoking bite-sized meditations on key Lenten themes; and pointing toward everyday practices for individuals, families, and congregations. All you need is this printable devotional, a Bible, and a copy of Oliver's wonderful collection, *Devotions* (the poems can also be found online).

PRACTICING LENT (\$10, DOWNLOAD) - [LINK](#)

This modern and inspiring printable Lenten booklet will be the perfect companion to your Lenten journey, with weekly practices and reflections. Thoughtful, tenderly written, and provocative, the booklet will challenge you and your community to see the hope and light all around, even as you stay present and awake to the injustices of the world.

GETTING CREATIVE DURING LENT

BLESS THIS MESS: DIY LENTEN CALENDAR (\$10) - [LINK](#)

Lent is a journey of transformation — and transformations are messy. This printable calendar (40 cards in all!) will help you and your household “bless this mess” as we travel with Jesus through the valley of the shadow of death into newness of life.

40 SIMPLE PRACTICES FOR LENT: SARAH BESSEY (FREE) - [LINK](#)

GET CREATIVE AND PLAY GAMES IN LENT - GODSPACE - [LINK](#)

SEVEN TIPS FOR CREATING SACRED SPACE FOR LENT - GODSPACE - [LINK](#)

MUSIC FOR THE LENTEN SEASON

MUSIC FOR LENT – GODSPACE - [LINK](#)

Recommended music for Lent and Easter, drawn from a variety of traditions.

BOOKS FOR A LENTEN JOURNEY

THE ETERNAL CURRENT- Aaron Neiquist - [LINK](#)

SACRED RHYTHMS - Ruth Haley Barton - [LINK](#)

PRACTICING THE WAY OF JESUS - Mark Scandrette - [LINK](#)

PRACTICING PRESENCE - Eckhart Tolle - [LINK](#)

THE HOLY LONGING - Ronald Rolheiser - [LINK](#)